

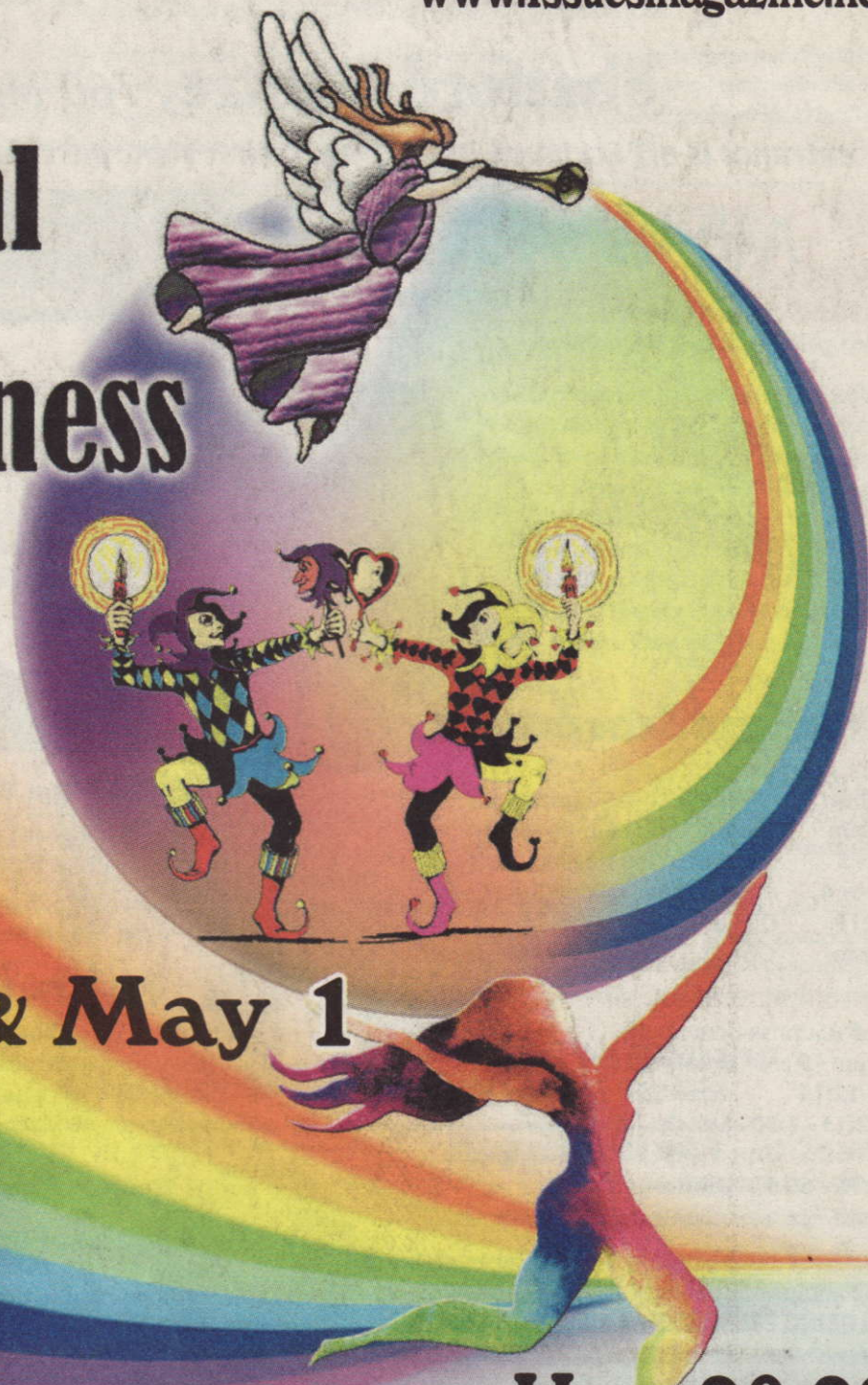
2016 Spring Festival *of* Awareness

PENTICTON
at the
SHATFORD
CENTRE

April
29, 30 & May 1

38th ANNUAL

Program is online at
www.Issuesmagazine.net



**** ALSO ****

May 20-22

Kootenay Spring Festival of Awareness

plus details for Summer Retreats at Johnson's Landing Retreat

38th annual Spring Festival of Awareness

April 29 - May 1 • Penticton, BC

Shatford Centre, 760 Main Street

entrance is off Eckhardt Avenue West, first right past the 24-7 Convenience store

Adults \$150, Seniors/Young People \$125

if registered before March 20, details page 9

**Festival
Organizers**



The Penticton site is wheelchair accessible as it has an elevator.

Weekend Schedule

FRIDAY SCHEDULE

Noon On-site Festival Registration
1 pm Healing Oasis sign-up starts
2 - 5 Sessions in the Healing Oasis
3 or 4 Informational talk on Tesla Coils
5:15 Dinner
7pm Opening Ceremonies - see page 3

SATURDAY SCHEDULE

7-8 • Sunrise Ceremonies
8 am - 9 am • Breakfast
9-12:15 Choose one of six workshops
12:15 - 1:30 • Lunch
2 - 5:15 Choose one of six workshops
5:15 - 6:15 • Dinner
6:30 - 9 Choose one of six workshops

SUNDAY SCHEDULE - Same in the morning with 1.25 hours off for lunch • 6 workshops from 1:30 - 4 pm.

CLOSING CEREMONY • 4:10 to 4:30 pm

The Festival Store

Has space to sell various crafts, crystals, jewellery and more. If you are registered as a participant, instructor or healer you can apply for space.

Call Marion for details 250 497-6861.

We deduct a 15% commission on items sold.

**The Healing Oasis
will be in the downstairs
of the Shatford Centre**

Intuitive Readings, Body-work, Energy-work, Reiki and more

Sign-up starts at 1 pm on Friday - Sessions are 2 to 5 pm

Saturday sessions are 10:30 to 9 pm & Sunday sessions 8:30 am to 3 pm

Rate of \$25 per half hour and \$40 per hour.

Reiki drop-in sessions all weekend, by donation.

If you wish to work in the Healing Oasis

We offer a trade: 6 hours of healing sessions for a weekend pass. please go to our website: www.issuesmagazine.net it has details including a page with frequently asked questions. Then call or email Marion.... Marion@issuesmagazine.net

**Phone Marion: 250-497-6861 for
Registration, Festival Store and Healing Oasis**

Meals Please pre-order by April 10 • We offer full course meals with a salad bar, beverages and desserts. Meal prices are on the registration form. If we have cancellations, a few meals may become available on-site.

Refreshment Stations provide organic herbal teas and fair trade coffee so please **bring a travel mug**.

Festival mugs can be purchased on-site.

Give-Away Table - Share valued items with another.



We offer 2 festival weekends this Spring • Penticton & Johnson's Landing



Theresa Lee playing the gongs last year

OPENING CEREMONIES

7 pm - Heart opening music and song with several musicians led by Richard Knox. Together we will create a unique 'sound print' with group sounding and voicing. Become community with us as we breathe together, increasing our human consciousness.

... for the next portion we get our chairs

7:30 - Greetings from your hosts, then introduction of instructors.

8:30 - Uplifting Sounds • Theresa Lee will play the gongs, Therese Laforge her crystal bowls. These vibrations will ground and stimulate the various chakral centres in the body and resound through our emotional, psychological, physical, and spiritual bodies so healing can happen easily this weekend.

WORKSHOPS & WORKSHOP LEADERS

Workshop #01 Saturday afternoon 3 hours

Music of the Spheres

Paiste Planetary Gongs, Tibetan Singing Bowls, Acutonics Tuning Forks, Planetary Hand Chimes, drums, rattles, our voices and more! In this workshop we will use these sacred sounds to blend our intentions and prayers to create healing circles. Participants may simply meditate to these sounds or give and receive sound healing treatments.

Please bring a mat and blanket.



THERESA LEE

Riondel, BC • 250 225-3518

www.KootenaySoundHealing.com

Having a passion for learning and a natural curiosity about the inter-connectedness of all things led Theresa to the Acutonics® Institute of Integrative Medicine. This dynamic and powerful system of vibrational medicine transformed her life and inspired her to become a Certified Teacher of Acutonics. In 2013 she developed the Kootenay Sound Healing Centre. With the addition of 17 Paiste Planetary Gongs, Theresa is now available for private or group gong meditations, festivals and events.

SUNRISE CEREMONIES with Theresa: SUNDAY morning at 7 am in the GREAT HALL

Enjoy the powerful sounds of the Planetary Gongs as they adjust your vibrations for the day.

Workshop #02 Sunday morning 3 hours

Mutuality in Relationship

Nothing is more expanding and life affirming than making contact with another, especially a significant other. Both intimate listening and feeling heard are our path. Let's explore our blind spots together. This is not a "theory" workshop, it is a personal experience. Seeking perfection is a set-up for disappointment, let's simply practice our practice together.



RICHARD KNOX

OK Falls, BC • 250 497-6797

www.richardknox.net

Richard has a master's degree in clinical and counselling psychology with a 25 year private practice in transpersonal and spiritual psychology. He writes songs and plays guitar.

Richard will lead the Opening and Closing Ceremonies.

Workshop #03 Sunday morning 3 hours

Crystal Bowl Meditation

Using the magical fifths as the baseline for the sound works, we move up the chakra system using the frosted, clear and alchemical bowls. They are dedicated to helping us elevate. This is done by shaking up and letting go of what no longer serves us, and simultaneously calling through awareness and intention, which is our heart's desire. It is Creator/Destroyer in action!

Bring your blanket and water bottle.



Chad Gidinski



THERESE LAFORGE and CHAD

Kamloops, BC • 778 471-5598

www.thereselaforge.com

Therese has been a student of sound as medicine for 25 years. This involves many trainings, webinars and lots of presentations. The Shiva/Shakti principles are at play in the sound work. Currently, Therese offers the bowls at Full and New Moon in Kamloops in the Sound Temple, also in Vernon, Salmon Arm and Kelowna. Therese and her bowls are dedicated to helping people elevate. If you love music and it inspires you, this workshop may be for you.

Working in the Healing Oasis

SUNRISE CEREMONIES with Therese and her assistant Chad: SATURDAY morning 7 am in Room 201

A CRYSTAL BOWLS SOUND BATH • Bring your blanket to hear restorative and nurturing tones for your soul.

DANE STEVENS

Vancouver, BC • 778 319-0749

www.AnExtraordinaryLife.ca

www.HealingCentre.ca

Dane is the owner and director of An Extraordinary Life and The Healing Centre – companies created to promote healing, empowerment and awareness. He is also the founder and creator of the Neuro Trauma Healing Process (NTHP) and the Soul Re-Cognition Process (SRC); two healing modalities that are garnering international attention and acclaim for the profound results they have been achieving for people seeking psychological and spiritual healing and growth.

ANNE BABCHUK is a senior facilitator of both The Soul-Recognition Process and NTHP or Neuro Trauma Healing Process. Her compassion creates deep levels of trust and safely guides people to higher levels of connection within themselves, resulting in inner harmony.



Anne is
working in the
Healing Oasis



Workshop #04 Saturday morning 3 hours

Workshop #05 Saturday evening 2.5 - 3 hours

Soul Re-Cognition

Dane and Anne are here to help you heal your past. Time to learn about your gifts and passions and ignite them so your purpose can be revealed. Time will be spent learning to access your most powerful creative faculty - your subconscious mind. Time to unleash your authentic self, your inner genius, and live the life you came here to live!

PEGGY NESS

Creston, BC • 250 428-0038

www.peggyness.com

Peggy is a professional trainer, Certified EFT/Tapping Practitioner, Authorized Wealth Coach, and Certified Feminine Presence Teacher. With 30 years as an Addiction Counselor, she specializes in deep transformational inner work that helps people release limiting beliefs and patterns that hold them back. She has presented this work on radio and facilitated groups in various communities and online.



Workshop # 06 Saturday afternoon 3 hours

Express Yourself

This class will be experiential, as Peggy will demonstrate how you can quickly increase your ability to confidently express yourself, in any situation... so you can be heard, appreciated, and experience richer relationships both personally and professionally.

Workshop # 07 Sunday afternoon 2.5 hours

Change Your Wealth Blueprint

Did you know that you have hidden programming that is blocking your money and dictating how much you earn, spend, and save? Walk away with a whole new understanding on what is really blocking you and start to eliminate your \$ blocks. FREE yourself to not only create money more easily but also the time and lifestyle you desire. I will be asking you to write out your answers.

COLETTE MARIE STEFAN

Kelowna, BC • 250 764-8998

www.TheTruthIsFunny.com

Colette is a magical speaker who has travelled the globe. An author and artist with a great sense of humor, who shares universal, life-transforming information and provides results that will inspire you to soar to new heights like her dragons. She is bringing artwork of these dragons to the festival.

She has been the featured guest of many radio shows and tele-summits as well as captivating the air waves with her hit radio show *The Truth Is Funny...Shift Happens*. The show is an open invitation for you to call in and experience an energetic upgrade.



Workshop #08 Saturday morning 3 hours

Energetic Upgrade • The Truth Is Funny...Shift Happens

If you dare to think outside of the box, you may shift out of limiting beliefs and expectations! Many people who shift out of limiting beliefs break into peals of laughter as they recognize how they have participated in what just might be a giant cosmic joke.... The Truth Is Funny! Shift Happens! It is my pleasure to share life-transforming information and easy-to-use skills that will ease your experience as you navigate and shift your reality to your authentic desires.

Workshop #09 Sunday afternoon 2.5 hours

Adventures of an Activated Goddess

Conversations with the Madre

Ayahuasca (yage) is a brew made of Banisteriopsis caapi vine (vine of the soul), often in combination with various other plants. It is a natural spiritual medicine used by indigenous people from the Amazonian Peru. Many people who have consumed ayahuasca have spiritual awakenings regarding their purpose on earth, the true nature of the universe and insights into how they can tap into their infinite potential by accessing other dimensions and existences in space time. Join Colette as she shares her adventure and insights of Peru.

Workshop # 10 Saturday afternoon 3 hours
Workshop # 11 Sunday afternoon 2.5 hours

Ancient Future – A Signpost for Evolution

Supported by renewed scientific research, it appears ancient cultures possessed advanced technologies that were based on unifying principles. Learn what hints were left behind, the growing awareness of these technologies and the amazing implications a unified worldview allows for our planet. The key to a successful collective transition is held by each one of us.



RIEL MARQUARDT
Vernon, BC • 250 718-8484
[www.cultureunplugged.com/
play/7134/The-Incomappleux](http://www.cultureunplugged.com/play/7134/The-Incomappleux)

Riel has a passion for applying ancient teachings to present-day challenges. His education in electronic engineering and training in Shamanism led him to understand ancient cultures' harnessed technologies that we are only re-discovering now. He believes humanity is on the cusp of an evolutionary leap propelled by the wide-spread adoption of these life-affirming insights.

Workshop # 12 Saturday evening 2.5 - 3 hours

Heart-Centered Living: An Energy Medicine Approach

Research has affirmed the greatly expanded role of our Heart Energies. Our societal conditioning of the separation of "Heart and Head" can jeopardize our own health and has ripple effects on those around us. It may be that our greatest responsibility to ourselves, our families, friends, and community is to align our thoughts and actions in a "Whole-Hearted" approach to life. Discussion opportunities and Energy Exercises are included, and we will learn a simplified method for achieving Heart-Mind coherence.



*Working in the
Healing Oasis*

PATRICIA CLAPP
Nelson, BC • 250 825-4599
www.EnergyMedicineWorks.ca

Patricia studies Eden Energy Medicine with the founder, Donna Eden. She attained the designation Clinical Practitioner in 2015. A former educator and educational administrator, she pursues her lifelong interest in alternative medicine. Eden Energy Medicine combines traditional wisdom studies with cutting edge epigenetics, biophysics and quantum physics. Patricia offers private therapeutic sessions; teaches regular classes and maintains her lifelong learner status with workshops and exploration of subtle energy work. She maintains that "Energy is all there is!"

Workshop #13 Saturday evening 2.5 - 3 hours

Workshop #14 Sunday afternoon 2.5 hours

Spiritual Art

We will begin with a guided meditation to help tap into our creative flow and jog our visual senses. Once we have taken the journey within we will express our experience artistically and paint intuitively. You get to take home and enjoy your spiritual creation to remember your weekend. All supplies are included. No art experience necessary.



SHANNON BREADNER
Winfield, BC • 250 863-1604
www.venueartbyshannon.com

Shannon's inspiration comes from attending women's circles, meditations and rituals. She uses her inner goddess to express the elements and spirit on canvas. Experimenting with paint, sculptures and installation work, she has expanded her personal awareness and developed a talent as a facilitator for guided meditations. She now hosts numerous meditation and art classes to help others on their spiritual journey.

Workshop #15 Sunday morning 3 hours

The Yoga of Eating

Fully believing in the strength of traditional foods and a strong focus on a properly functioning digestive system, Raina will show us how food nourishes us physically, emotionally and energetically, to allow the body to heal itself deeply rather than covering up and fixing the symptoms. The Yoga of Eating is all about digestive system education, eating to fuel your physical and emotional, spiritual self without guilt or obsession - and includes yoga poses after the break to twist out and refresh our digestive systems with torso-specific circulatory poses.



*Working in the
Healing Oasis*

RAINA LUTZ
Penticton, BC • 250 462-1025
www.lutznutrition.ca

Raina studied at the Canadian School of Natural Nutrition in Vancouver. She works 1-1 with clients in the Okanagan, online consulting, loves fermenting foods and provides clients with her "Experience Kombucha" as well as teaching workshops on how to do it yourself. Her joy lies in finding "food freedom" for clients.

DEBBIE ANDERSON
Leamington, ON • 519 890-5008
www.Vibrational-Energy.com

Debbie has worked in the magical sphere of spirituality for over 30 years. She developed Vibrational Energy Therapy which she teaches, created Vibrational Sound CDs, written bodywork meditations and self-published the Vibrational Energy Oracle Deck. In 2014 she launched her second oracle deck, this one for children. Currently she is working on the I AM Vibrational Affirmation Deck, which will be published early 2016. She is an inspirational speaker and offers workshops and trainings world-wide.



Workshop #16 Saturday afternoon 3 hours
Vibrational Energy Therapy

An easy-to-learn five-minute hands-on, non-invasive, treatment that involves a sequence of touch techniques, including tapping, cupping, spiralling, sweeping and sculpting the client. The therapy feels like receiving a combination of EFT, Access Bars and Reiki all at once.

Workshop #17 Sunday morning 3 hours
Vibrational Energy Oracle Card Reader

This course will be entertaining and enlightening as you are guided through the art of using the Vibrational Energy oracle cards. You'll learn how to enhance your intuition and natural spiritual abilities in the vibration of intention allowing you as a reader to tune into the answers for yourself and your clients.

Please bring to class a *Vibrational Energy deck or Vibrational Earth Children's deck* by Debbie A. Anderson. The cards will be available in the festival store.

CHRIS LEE
Leamington, ON • 519 890-5008
www.PastLifeRegressionAndProgression.com

Chris' evolution into behavioural patterns began as a Police Constable. In 1995 he completed his Clinical Hypnotherapy training and since then has dedicated his time to exploring Past Lives, creating his own unique Past Life Regression and Progression™ therapy. By using his technique, Chris found his effectiveness improved greatly. He has travelled across Canada, USA, England, Australia and New Zealand helping people create positive changes in their lives.



Workshop #18 Saturday evening 2.5 - 3 hours

Past Life Regression and Progression

Ever wondered why some people have certain aches and pains, why some are more talented than others, or why some people have unusual fears/phobias that cannot be traced to any incidents in this life? Join Chris as he shares many interesting experiences of past life stories and of reincarnation. Plus he will share tips on how to rid yourself of tension headaches, improve your memory and learn deep relaxation so you can sleep better.

Debbie, Chris and Claire are on tour across Canada and will take bookings for one-on-one appointments, that will happen after the Festival.

CLAIRE MORGAN
England • www.celestialdirections.space

Claire has studied and taught Astrology for over 30 years. She is a natural clairvoyant who reads the Tarot and enjoys helping others to understand and develop their spiritual abilities. She has worked in the UK, France, Australia, New Zealand, America and is currently travelling Canada. She has written numerous astrology columns and even had a Dogstrology column in a top UK dog magazine.



Workshop #19 Saturday morning 3 hours

Spiritual Direction

During your time together Claire will explain many ways to build a firm foundation for connecting with spirit. Do you know your guides and helpers? How about meditation, colour or psychometry? She uses these skills plus tarot cards and astrology when tuning in. This workshop is for those new to the spiritual path or those seeking to broaden their knowledge base.

HAJIME NAKA
Kelowna, BC • 250 762-5982

A master of relaxation and Qi-play, Hajime has been healing, empowering, and liberating society one person at a time for over thirty years. He was a double gold medalist at the Canadian Chinese Martial Arts Championships in 1999.



Workshop #20 Sunday afternoon 2.5 hours

Moving into Wholeness

Qigong, Tai Chi will guide you back to your naturally aligned, centered and balanced state by quieting the mind and listening to the wisdom of the body. You will experience your body, heart/mind and spirit moving into wholeness. You will feel rejuvenated and relaxed.

SUNRISE CEREMONIES with Hajime: BOTH mornings at 7 am in Room 209.
QI GONG - TAI CHI • Start your day in harmony with nature and you will have a Qi-full day.

Workshop #21 Saturday afternoon 3 hours

Introduction to Vedic Astrology

Jyotish (Vedic Astrology) is an ancient divination model of India. This seminar will present the origins of Jyotish, the story of the 12 constellations and their lords, and fate and free will in relation to Jyotish.

Workshop #22 Sunday morning 3 hours

Basic Components of a Vedic Astrology Chart

This seminar will cover the following components of a Vedic Astrology Chart:

- Sideral Zodiac
- The 12 planetary houses and their meanings
- The 12 constellations and their lords
- The planets and their special aspects



TANYA THOMPSON

Pinantan Lake, BC • 250 320-9355
www.starsaboveearthbelow.com

Tanya was introduced to Vedic traditions in 1990. She studied Ayurveda with Dr. Robert Svoboda and Dr. Vasant Lad. Both teachers deepened her understanding of Ayurveda. During this period Tanya met Hart de Fouw and began her studies in Jyotisha (Vedic Astrology). Starting in 2003 Tanya studied extensively with Hart which provided the foundation for her practice as a Jyotishi (Vedic Astrologer).

Workshop # 23 Saturday morning 3 hours

Workshop # 24 Sunday afternoon 2.5 hours

ColourSpectrums Personality Styles

Sort the ColourSpectrums cards to reveal your personality as a unique spectrum of Blue emotional intelligence, Green cognitive intelligence, Red physical intelligence and Yellow organizational intelligence. Yup! You are more intelligent than you "think"! We will explore the challenges and solutions for personal growth, professional development, effective communication and much more!



ROB CHUBB

Androssan, AB • 780 922-6877
www.colourspectrums.com

Rob is the founding director of ColourSpectrums, inspiring professional development and human resources through innovative education, interaction and fun. He is the accomplished author of the three foundational ColourSpectrums books and has trained and certified over 1,000 ColourSpectrums facilitators worldwide.

Workshop #25 Saturday morning 3 hours

Longevity in Ayurveda, Yoga and Tantra

This trinity of ancient sciences can be used to cultivate our wellbeing, increase our enjoyment and prolong life. Zora will talk about various health strategies that promote longevity and quality of life.

Workshop #26 Saturday evening 2.5 - 3 hours

4 Goals of Life

Zora will talk about 4 major goals of life as defined in Yoga and Tantra and ways to achieve them.



ZORA DOVAL

Riondel, BC • 250 227-9434
www.pureblissayurveda.ca

Zora studied Ayurveda with Dr. Svoboda and Dr. Lad and holds a diploma from the Ayurvedic Institute in New Mexico. She has authored two books on Ayurveda and is a practitioner of High Yoga Tantra and participates regularly in meditation retreats with her master. At her retreat center on Dakini Land near Nelson, she conducts intensive meditation retreats and offers various Ayurvedic therapies.

Workshop #27 Saturday morning 3 hours

Healing is a Creative Act(ion)

To make art is to be creative. To be creative is to open to possibility and healing. Together with basic art materials such as paint, pastels and clay, a non-directive spontaneous approach and sharing based on the art-making process, we allow for and explore the stuff of life - thoughts, feelings, memories and dreams. Rendering visible the invisible, inviting inner and outer transformation.

*Art experience is not required.
Confidential sharing is respected.*



CINDI TOMOCHKO

Penticton, BC • 250 276-5308

Cindi certified as an art therapist in 1989. Currently she practices through Wind in the Willow Creative & Healing Arts Studio with adults and children as well as professional service providers. Her experience as a Dru yoga instructor, visual artist, Buddhist practitioner and provider of mental health services informs and supports this creative healing process.

HANNELORE

Vancouver, BC and Hawaii

604 926-4988

www.Hannelore.ca

www.CommuningWithDolphins.com

Hannelore is an inspirational story teller, author, counselor and spiritual life coach. She offers public and corporate workshops worldwide. She is known for her certified training program *The Power of Intuition* and facilitates guests at her popular *Vision Quest Wilderness Retreat* plus leads the magical *Communing with Dolphins* retreats in playful union with non-captive dolphins in Hawaii.



Workshop #28 Saturday afternoon 3 hours

Intuitive Readings

Have you ever wondered if you could do an intuitive reading? Experience fun and inspiration as you not only receive a reading but learn how to give one. Cultivate your intuitive skills and recognize messages from your higher self. Explore past lives and discover how they affect this life. Acquire the ability to share this wisdom and knowledge with integrity and from the heart.

Workshop #29 Sunday morning 3 hours

Sacred Shamanic Truths, Clearing the Soul Path

Shamanism is a vehicle to support unity consciousness. We will journey to discover each other's spirit/power animal and learn what the elixir of immortality is. Understand how you are influenced by your inner child, what a fragmented soul is and what soul retrieval is.

SUNNAIRA ARMSTRONG

Okanagan Falls, BC • 250 497-6797

Sunnaira shares her wisdom teachings from Indigenous Elders with joyfulness and practical tools for embodying and expanding this energy into the everyday walk of life. The voice of the drum resonates with the heartbeat of the earth and the pulse of all creation.

KAREN COOGAN

Penticton, BC • 250 770-1166

Karen offers insight and clarity from an awareness of the higher realms and our universal states of being, helping release fear-based beliefs to liberate, empower, and live more fully. Her passion is the singing crystal bowls, creating inspirational meditative experiences through her intuitive playing.

Workshop #30 Saturday evening 2.5 hours

Smudging and a Harmonic Meditation

Get your aura field cleansed with sage, cedar and eagle feathers.



We will do this just outside the Great Hall side door. Afterwards we join the harmonics of the singing crystal bowls, drum, and flute with guidance and vocalizations; a vibrational upgrade to assist in one's evolutionary journey.

Bring blanket and pillow.

SUZZANNEE CHAPPELLE

Nelson, BC • 250 505-9950

www.theterragardeninitiative.wordpress.com

A self-taught lay scientist, author, mother of five and eco-enthusiast. After 8 years of study with Tesla technology, she published a research book called *Reflections On A Near Universe* in 2007. Since then she has developed a device which revitalizes water and speeds up healing by restructuring damaged tissue, which she calls an Earthing Coil.

Suzzanne is a delegate of Nassim Harameins' work, and has started the Terra Garden Initiative, see website above.



Educational Talks

Earthing Coils using Tesla technology

Friday 3 or 4 pm

plus both Sunrises

Suzzannee will share knowledge about the shifts in the earth frequencies. Learn the science behind the Earth Coils she makes so you can make one. They amplify the Earth's frequency and neutralize microwave frequencies, nuclear pollution and even carbon emissions.

SUNRISE CEREMONIES with Suzzannee: BOTH mornings at 7 am in Room 205.

EARTH COILS • Vital information about the earth frequencies and how they are changing the health of earthlings.

PENTICTON REGISTRATION

Register before March 20th and save ... Adults \$150, Seniors & Young People \$125
plus meals and gst

On-Site registration starts Friday Noon • Healing Oasis registration Friday at 1 pm • Sessions 2-5 pm
Earthing Coils using Tesla technology • 45 minute talks at 3 and 4 pm

FESTIVAL FEES

		Weekend	Saturday ^{only}	Sunday ^{only}
ADULTS	on or before March 20 th	\$ 150	\$ 110	\$ 55
(26-62 years)	March 21 th — April 20 th	\$ 170	\$ 120	\$ 65
and	After April 20 th and on site registration	\$ 180	\$ 130	\$ 70
SENIORS 63 yrs+	on or before March 20 th	\$ 125	\$ 95	\$ 45
STUDENTS (10-25 yrs)	March 21 th — April 20 th	\$ 145	\$ 105	\$ 55
	After April 20 th and on-site registration	\$ 155	\$ 115	\$ 65

MEALS....please pre-order ASAP so Angele knows how many to cook for

MEAL PACKAGES Vegetarian meals, except fish for Sat. dinner. If you have dietary restrictions please let us know.
Friday dinner to Sunday lunch Veggie \$80 • Fish \$85 _____ Sat breakfast to Sunday lunch Veggie \$65 • Fish \$70 _____

INDIVIDUAL MEALS	Friday Dinner	\$ 15 _____	Sat. Breakfast	\$ 12 _____	Sat. Lunch	\$ 15 _____
includes entree, salad & dessert	Sat. Fish Dinner	\$ 20 _____	Sun. Breakfast	\$ 12 _____	Sun. Lunch	\$ 15 _____
	Sat. Vegetarian Dinner	\$15 _____				

ACCOMMODATION option is at the Days Inn, Reserve Early

The Days Inn have limited rooms at these special rates, best to book before March 1

2 Queen Beds Room	2 adults - \$89 + tax per night
	3 adults - \$99 + tax per night
	4 adults - \$109 + tax per night

Family Suite/Kitchenette (max 6 adults) from \$129 + tax

Prices include continental breakfast, wifi, indoor pool and hot-tub

To book please call Days Inn Reservations: **250-493-6616** • ask for the Spring Festival Group Rate



If you want the discounted rate ... please book your room ASAP • Penticton is a busy place.

REGISTRATION FORM

Please bring a travel mug.



Name(s) _____

Address _____

Town _____ Prov. _____ Code _____ Phone _____

email _____

Festival Fees \$ _____

Meals \$ _____

Accommodation \$ _____

Subtotal \$ _____

GST (add 5%) \$ _____

Grand Total \$ _____

Amount enclosed \$ _____ (50% deposit required)

Balance ... \$ _____ payable at the door

Make cheque payable to: **Spring Festival ... Send to**
Marion Desborough, L4-4505 McLean Creek Rd, OK Falls, BC, V0H 1R1

We do not mail receipts. If you need confirmation please give us
time to process the form and then call the number below.

No refunds on meals or accommodation **after** April 10
We refund festival fees, less \$50 per person, if notified by April 10.

If paying by credit card phone **250-497-6861**

Questions? **1-855-366-0038** Angele Ortega

Penticton Schedule ~ April 29 to May 1

Saturday Schedule ~ Doors open at 6:30 am

Room	9 - 12:15	2 - 5:15 pm	6:30 - 9 or 9:30 pm
107 Great Hall	#08 COLETTE STEFAN Energetic Upgrade	#01 THERESA LEE Music of the Spheres	#30 SUNNAIRA & KAREN Smudging and a Harmonic Meditation
201	#04 DANE STEVENS & ANNE Soul Re-Cognition	#28 HANNELORE Intuitive Readings	#05 DANE STEVENS & ANNE Soul Re-Cognition
204	#27 CINDI TOMOCHKO Healing is a Creative Act(ion)	#06 PEGGY NESS Express Yourself	#13 SHANNON BREADNER Spiritual Art
205	#25 ZORA DOVAL Longevity in Ayurveda, Yoga and Tantra	#21 TANYA THOMPSON Introduction to Vedic Astrology	#26 ZORA DOVAL 4 Goals of Life
209	#23 ROB CHUBB ColourSpectrums Personality Styles	#10 RIEL MARQUARDT Ancient Future - A signpost for Evolution	#12 PATRICIA CLAPP Heart-Centered Living: An Energy Medicine Approach
210	#19 CLAIRE MORGAN Spiritual Direction	#16 DEBBIE ANDERSON Vibrational Energy Therapy	#18 CHRIS LEE Past Life Regression and Progress



Saturday Evening 9:15 to 10:30 Chakradance with Avichi van Campen

Chakradance® is a powerful and transformative technique combining music, meditation, exercise, yoga, creative expression and fun.

A journey through your chakras leaves you feeling balanced, refreshed, and alive. Discovering your true self is the intention of Chakradance. Time to get inspired and find empowerment.

www.avichi.ca

I wish to express my gratitude to the instructors, volunteers, attendees, and advertisers who make these festivals possible. They challenge me to grow.

Hajime has never missed an event and was teaching before I took over the reins in 1988. Norma Cowie has been a fixture along with Brock Tully, both would have enjoyed sharing this year but gave their space to the many new instructors. Therese Laforge brought her bowls in 2006 and for the last ten years she has been packing them up twice a year, so she can share her vibrational knowledge. Rob Chubb first showed up in 1999 and is now back. Many have come and gone.

Theresa Lee is a newcomer who brought her planetary gongs to all four festivals last year. I feel honored and loved as we grow ourselves spiritually. I had a great trip down memory lane looking at past festivals and who taught what, when.

*Please join us at either location • SF at JL is May 20-22
Wise Women's Festival at Johnson's Landing is August 26-28
Penticton Wise Women's will be September 16-18*



Sunday Schedule

Closing ceremony is 4:10 to 4:30

SUNDAY ONLY SATURDAY	SUNRISE both morning 7 to 7:45 am	9 - 12:15	1:30 - 4 pm	Room
		# 29 HANNELORE Sacred Shamanic Truths, Clearing the Soul Path	#09 COLETTE STEFAN Adventures of an Activated Goddess	107 Great Hall
BOTH MORNINGS	THERESA LEE <i>Planetary Gongs</i>	# 03 THERESE LAFORGE & CHAD Crystal Bowl Meditation	#20 HAJIME NAKA Moving into Wholeness	201
	THERESE LAFORGE <i>Crystal Bowls</i>	# 15 RAINA LUTZ The Yoga of Eating	#14 SHANNON BREADNER Spiritual Art	204
	SUZZANNEE CHAPPELLE <i>Earthing Coils using Tesla technology</i>	# 22 TANYA THOMPSON Basic Components of a Vedic Astrology Chart	# 07 PEGGY NESS Change Your Wealth Blueprint	205
	HAJIME NAKA <i>TaiChi and Qigong</i>	# 02 RICHARD KNOX Mutuality in Relationship	#24 ROB CHUBB ColourSpectrums Personality Styles	209
		# 17 DEBBIE ANDERSON Vibrational Energy Oracle Card Reader	# 11 RIEL MARQUARDT Ancient Future - A signpost for Evolution	210



The Tibetan Bowls enhancing the effects of the Planetary Gongs



CLOSING CEREMONIES 4:10 to 4:30 SUNDAY with RICHARD

Join us in the Great Hall, on the main floor, with an interactive circle led by Richard Knox.

A time for final hugs as we release the energies that joined us.





Kootenay Spring Festival of Awareness

May 20-22, 2016 • second annual



SARAH SALTER KELLY

Westerose AB • 780 314-9150

www.sarahsalterkelly.com

Sarah has ten years experience in teaching personal growth and healing programs, basing her initial format on the personal experience of healing the homicide of her Mother and the teachings she has received through elders in the Andes, Amazon, Canada and the USA. Her style is clear and comprehensive, enabling each participant to believe and remember that healing has no limits. Sarah's greatest gifts lay in illuminating the source of suffering within and offers tools for liberation.



Sarah has an article on page 14 of Issues

Shamanism

"It is the breath of the wind, the light of the fire, the call of the drum, the smell of the earth, and the knowing in your body which draws you out of your head and into a space that is real, raw and profound... It is time for those who hear the call to Shamanism to awaken to their power and begin to lead the way."

~Sarah, White Raven Woman

Workshop #01 Saturday afternoon 3 hours

Shamanic Medicine Making

Calling all Sha-women and men, mystics and sages, witches and wise folk... the time has come to embody your medicine, listen to the land and create the ceremony you need to walk with freedom. I invite everyone to bring a drum and join in.

This class will be outside. Bring something to sit on and dress in weather-appropriate clothing.

Workshop # 02 Saturday evening 3 hours

Fire Ceremony

Through the fire our prayers are transformed to spirit, our voices raised in song; calling forth healing, offering up gratitude and drumming the dream anew.

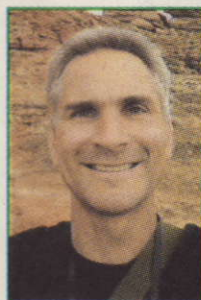
This class will be outside. Bring something to sit on and dress in weather appropriate clothing.

RIEL MARQUARDT

Vernon, BC • 250 718-8484

www.cultureunplugged.com/play/7134/The-Incomappleux

Riel has a passion for applying ancient teachings to present-day challenges. His education in electronic engineering and training in Shamanism led him to understand ancient cultures, harnessed technologies that we are only re-discovering now. He believes humanity is on the cusp of an evolutionary leap propelled by the wide-spread adoption of these life-affirming insights.



Workshop # 03 Saturday afternoon 3 hours

Workshop # 04 Sunday morning 3 hours

Ancient Future – A Signpost for Evolution

Supported by renewed scientific research, it appears ancient cultures possessed advanced technologies that were based on unifying principles. Learn what hints were left behind, the growing awareness of these technologies and the amazing implications a unified worldview allows for our planet. The key to a successful collective transition is held by each one of us.

SHANNON BREADNER

Winfield, BC • 250 863-1604

www.venuartybyshannon.com

Shannon is a self-taught painter with some education in the fine arts and a variety of independent classes. Joining a wide variety of holistic, spiritual and healing modalities has inspired her to grow as an artist. Currently she leads meditations and recently completed a ten-day silent Buddhist retreat. This has deepened her journey to becoming a Spiritual Practitioner with the Science of Mind centre, strengthening her gifts as an artist and practitioner.



Workshop # 05 Saturday evening 2.5 hours

Workshop # 06 Sunday afternoon 2.5 hours

Spiritual Art

Discover meaningful, personal messages through the creation of art. Explore your particular message; look for deeper meanings, discover how the image or words pertain to your current place on your spiritual pathway. Make a sketch of your received message including both background and foreground elements, colors, and textures. Paint your sketch on canvas using different acrylics and a variety of paintbrushes.

No art experience necessary.

Johnson's Landing Retreat Programs page 2

THERESA LEE

Riondel, BC • 250 225-3518

www.KootenaySoundHealing.com

Having a passion for learning and a natural curiosity about the inter-connectedness of all things led Theresa to the Acutonics® Institute of Integrative Medicine. This dynamic and powerful system of vibrational medicine transformed her life and inspired her to become a Certified Teacher of Acutonics. In 2013 she developed the Kootenay Sound Healing Centre. With the addition of 17 Paiste Planetary Gongs, Theresa is now available for private or group gong meditations, festivals and events.



*Friday Evening
Theresa Lee will play the
gongs along with Therese
and Chad with the bowls.*

Workshop #07 Saturday afternoon 3 hours

Music of the Spheres

Paiste Planetary Gongs, Tibetan Singing Bowls, Acutonics Tuning Forks, Planetary Hand Chimes, drums, rattles, our voices and more! In this workshop we will use these sacred sounds to blend our intentions and prayers to create healing circles. Participants may simply meditate to these sounds or give and receive sound healing treatments.

Please bring a mat and blanket.

DANE STEVENS

Vancouver, BC • 778 319-0749

www.AnExtraordinaryLife.ca

www.HealingCentre.ca

Dane is the owner and director of An Extraordinary Life and The Healing Centre – companies created to promote healing, empowerment and awareness. He is also the founder and creator of the Neuro Trauma Healing Process (NTHP) and the Soul Re-Cognition Process (SRC); two healing modalities that are garnering international attention and acclaim for the profound results they have been achieving for people seeking psychological and spiritual healing and growth.



Workshop #08 Saturday morning 3 hours

Workshop #09 Saturday evening 2.5 hours

Soul Re-Cognition

Dane and Anne are here to help you heal your past. Time to learn about your gifts and passions and ignite them so your purpose can be revealed. Time will be spent learning to access your most powerful creative faculty - your subconscious mind. Time to unleash your authentic self, your inner genius, and live the life you came here to live!

ANNE BABCHUK

Anne is a senior facilitator of both The Soul-Recognition Process and NTHP – (Neuro Trauma Healing Process). Her natural, caring and compassion for people allows her to create deep levels of trust with her clients. This unique ability to safely guide people brings them into higher levels of connection within themselves, resulting in inner harmony and therefore outer success.



Anne is working in the Healing Oasis

Chad is working in the Healing Oasis

THERESE LAFORGE

and

CHAD GIDINSKI

Kamloops, BC • 778 471-5598

www.thereselaforge.com

Therese has been a student of sound as medicine for 25 years. This involves many trainings, webinars and lots of presentations. The Shiva/Shakti principles are at play in the sound work. Currently, Therese offers the bowls at Full and New Moon in Kamloops in the Sound Temple, also in Vernon, Salmon Arm and Kelowna. Therese and her bowls are dedicated to helping people elevate. If you love music and it inspires you, this workshop may be for you.



*Friday evening
Therese and Chad
will join Theresa Lee
for a Musical
Extravaganza!*

Workshop #10 Sunday morning 3 hours

Crystal Bowl Meditation

Using the magical fifths as the baseline for the sound works, we move up the chakra system using the frosted, clear and alchemical bowls. They are dedicated to helping us elevate. This is done by shaking up and letting go of what no longer serves us, and simultaneously calling through awareness and intention, which is our heart's desire. It is Creator/Destroyer in action!

Bring your blanket and water bottle.

SUNRISE CEREMONIES with Therese and Chad: SUNDAY morning 7 am in GROUP ROOM

A CRYSTAL BOWLS SOUND BATH • Bring your blanket to hear restorative and nurturing tones for your soul.

TYSON BARTEL

Winlaw, BC • 250 226-6826

www.ThaiTouch.ca

Tyson began learning about yoga and meditation while living in Asia and has taught yoga for over 20 years. He completed a four year Feldenkrais teacher training in 2001. Tyson gardens and offers loving-kindness for a living. Thai Massage, Feldenkrais and Yoga available in Kamloops, Winlaw and Nelson.



Working in the Healing Oasis

Workshop #11 Saturday morning 3 hours

Feldenkrais for Breathing and Meditation

Inspire curiosity and creativity in your yoga by hearing about the life-affirming work of Dr. Moshe Feldenkrais and learning some "Awareness Through Movement" exercises for breathing, posing physically and focusing mentally for yoga and meditation.

"The present is the time in which we live, and what we do with our present selves is the most important thing."

~ Moshe Feldenkrais

SUNRISE CEREMONIES with Tyson: SATURDAY morning 7 am in the GROUP ROOM
YOGA • Easy restorative stretches to start the day

FRED MURRAY

Winfield, BC • 250 878-7306

My wife was dying of cancer in 2005 so I prayed with her and for her. Afterwards I attended many workshops that changed my perception of what I inherited from my parents and how much it affected my daily life. I learned much from Dr. Bradley and the Emotion Code, Dr. David R Hawkins, Psych K and other teachers. I was prompted by my higher self to combine my learnings into one that I call System K. Helping people understand themselves is so rewarding, it feels good to share.



Workshop #12 Saturday morning 3 hours

System K, an Introduction

System K uses kinesiology or muscle testing to find the unprocessed emotions, unconscious beliefs and other undesirable baggage. This method also incorporates a simple way to imprint desired beliefs into the unconscious. Since the unconscious mind runs about 90% of our lives, imprinting desirable beliefs into the unconscious will change a persons' life, giving them a new normal.

Workshop #13 Sunday morning 3 hours

System K, part 2

This hands-on workshop will covers the basic techniques of using kinesiology to find and remove unprocessed emotions. It also covers basic methods of generating scalar energy to change unconscious beliefs.

Suzzannee Chappelle

Nelson, BC • 250 505-9950

www.theterragardeninitiative.wordpress.com

A self-taught lay scientist, author, mother of five and eco-enthusiast. After 8 years of study with Tesla technology, she published a research book called *Reflections On A Near Universe* in 2007.

Since then she has developed a device which revitalizes water and speeds up healing by restructuring damaged tissue which she calls Earthing Coils. Suzzannee is now ready to share this vital knowledge.

Suzzannee is a delegate of Nassim Hameins' work, and has started the Terra Garden Initiative.



Workshop #14 Sunday afternoon 2.5 hours

Comprehending the Science behind Earthing Coils

- * For increased seedling growth
- * Recharging your drinking water
- * Heal faster from illness

Learn the science behind the making of an Earthing Coil. View over two years of experiments and findings, including video and microscopic evidence on their effects. A discussion to follow about the effects, applications and all the sciences involved, such as: Cymatics, Schumann Resonance, Tesla Coils, Toroidal Physics, Rodin Vortex Mathematics, Fibonacci Sequence, Wilhelm Reich, Orgonite and more.

If you are interested in making an E-Coil let me know. A video is available on request.

FRIDAY

OPENING CEREMONIES

On-site registration starts at noon~~~plan to arrive early and see the sights
Walk the labyrinth or walk to Fry Creek Canyon. There are many short walks available.
Dinner is served ~ 5:15 to 6:30

7:30 pm - Sarah Salter Kelly will lead an interactive and inspiring ceremony in the Dome.

... then we walk to the Group room and sit in chairs

8:00 - Greeting from your hosts, then introduction of the instructors.

9 - 10 pm - Uplifting Sounds • Theresa Lee will play the gongs, Therese Laforge and Chad the crystal bowls. These vibrations will ground and stimulate the various chakral centres of the body and resound through our emotional, psychological, physical, and spiritual bodies so healing can happen easily this weekend.

Saturday Schedule



SUNRISE
7-7:45



Group Room
TYSON - Yoga



Dome



Sacred Space or Fire Pit



9 am
to
12:15

#11
TYSON BARTEL
Feldenkrais
for Breathing and Meditation

#08
DANE & ANNE
Soul Re-Cognition

#12
FRED MURRAY
System K, an Introduction
meet at the Sacred Space

2 pm
to
5:15 pm

#07
THERESA LEE
Music of the Spheres

#03
RIEL MARQUART
Ancient Future
- A Signpost for Evolution

#01
SARAH SALTER KELLY
Shamanic Medicine Making
meet at the Fire Pit

6:30
to
9 pm

#05
SHANNON BREADNER
Spiritual Art

#09
DANE & ANNE
Soul Re-Cognition

#02
SARAH SALTER KELLY
Fire Ceremony
meet at the Fire Pit

Saturday evening entertainment 9:15 to 10:30 pm • Group Room

Sunday

SUNRISE
7-7:45

THERESE & CHAD
Crystal bowls



9 am
to
12:15

#10
THERESE & CHAD
Crystal Bowl Meditation

#04
RIEL MARQUART
Ancient Future
- A Signpost for Evolution

#13
FRED MURRAY
System K, part 2
meet at the Sacred Space

1:30 pm
to
4 pm

#06
SHANNON BREADNER
Spiritual Art

#14
SUZANNEE CHAPPELLE
Comprehending the Science
behind Earthing Coils

WALK THE LABRINTH
We have a delightful labyrinth that
would like to be walked, anytime!

Closing Ceremonies

with Sarah Salter Kelly
4:15 till 4:30 pm.

Farewell, hugs or plan to stay overnight and go
for a hike to the Fry Creek Canyon on Monday.



Last years
Workshop
with
Theresa Lee

Opening for the Season Event is May 13 to 19... a time to share your skills as we prepare the site for the summer season. We reassemble the two tree houses, clean the facilities, prep food, even the strawberry bed will need some TLC. Call for details.

JOHNSON'S LANDING REGISTRATION

Spring Festival of Awareness • May 20 to 22

Register by May 1 for **Discount Rate** - Adults \$135, Senior & Students \$110

	Weekend Regular Rates	Sat only	Sunday only
Adults	\$ 150	\$ 100	\$ 50
Seniors Students	\$ 125	\$ 80	\$ 45

**Fees include
FREE CAMPING**



We refund festival fees two weeks before event, less \$25 per person

Please bring a travel mug

MEALS....Please pre-order, ASAP

MEAL PACKAGES Vegetarian Meals include dessert and beverage. If you have dietary restrictions please let us know.

Friday dinner to Sunday lunch \$90 _____ Saturday breakfast to Sunday lunch \$75 _____

INDIVIDUAL MEALS

Fri. Dinner	\$ 17	_____	Sat. Breakfast	\$ 12	_____	Sat. Lunch	\$ 17	_____
Sat. Dinner	\$ 17	_____	Sun. Breakfast	\$ 12	_____	Sun. Lunch	\$ 17	_____

*To reserve your space at the second annual
Johnson's Landing Spring Festival of Awareness
please call 250 366-4402 ... Today*

**If you don't enjoy camping, up-grades are available
for the Spring Festival of Awareness**

SHARED Accommodations

(2 singles -or- 1 double bed)

Room in the Lodge - 2 people	\$ 40 ea.
Tipi - 2 or more people	\$ 40 ea.
Tree House - 2 people	\$ 45 ea.
Cabin - 2 people	\$ 50 ea.
Dorm - 2 or more people	\$ 50 ea.

PRIVATE Accommodations

Tent Cabin	\$ 40
Room in the Lodge	\$ 60
Tipi	\$ 70
Tree House	\$ 70
Cabin	\$ 75

These are per person, per day rates, plus taxes. (includes linens and towels)

